

## Friday, 23<sup>rd</sup> August, Long Distance

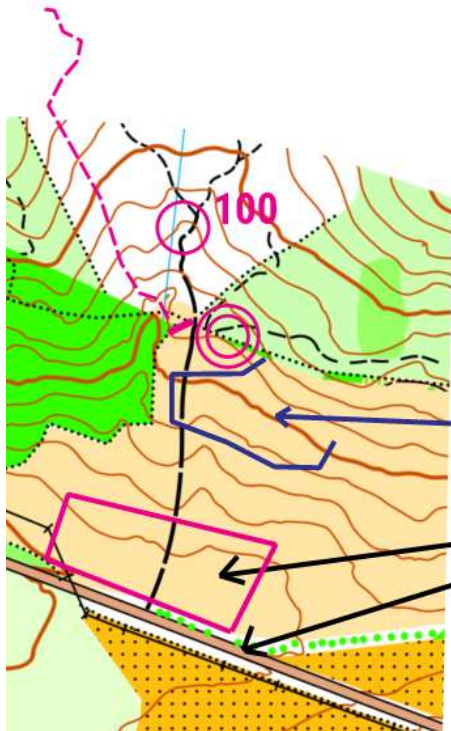


Terrain form:	Hilly terrain, some areas with detailed contours
Vegetation:	Deciduous beech and oak forest with some areas of rough open land
Runnability:	Various, mostly good
Visibility:	Mostly good
Paths and roads:	Well-developed network of different categories
Mapping:	Scale: 1:10000 , h = 5m ISOM2017, Mykhaylov Oleksandr, Usenko Sergiy
First start	10:00
Start interval	2 min
Race limit	240 min
Distance to first start “X-Style”	1250m
Distance to second start 21K	1200m

CLASS	LENGHT	PC	CLIMB	SCALE	CLASS	LENGHT	PC	CLIMB	SCALE
<b>M16</b>	5,5	8	275	1:10000	<b>W16</b>	4,2	9	65	1:10000
<b>M18</b>	7,3	13	245	1:10000	<b>W18</b>	6,6	12	230	1:10000
<b>M20</b>	8,6	18	310	1:15000	<b>W20</b>	7,2	12	245	1:15000
<b>M21E</b>	11,3	23	420	1:15000	<b>W21E</b>	9,3	15	370	1:15000
<b>M35</b>	8,6	18	310	1:15000	<b>W35</b>	7,2	12	245	1:15000
<b>M40</b>	7,3	13	245	1:10000	<b>W40</b>	6,6	12	230	1:10000
<b>M45</b>	6,6	12	215	1:10000	<b>W45</b>	5,5	10	220	1:10000
<b>M50</b>	5,5	10	220	1:10000	<b>W50</b>	3,8	12	190	1:7500
<b>M55</b>	5,5	10	220	1:10000	<b>W55</b>	3,8	12	190	1:7500
<b>M60</b>	3,8	12	190	1:7500	<b>W60</b>	3,1	9	25	1:7500
<b>M65</b>	3,1	9	25	1:7500	<b>W65</b>	2,4	7	45	1:7500
<b>M70</b>	2,4	7	45	1:7500	<b>W70</b>	1,9	7	16	1:7500
<b>M75</b>	1,9	7	16	1:7500	<b>W75</b>	1,9	7	16	1:7500
<b>M10</b>	1,6	7	20	1:7500	<b>W10</b>	1,6	7	20	1:7500
<b>M12</b>	1,9	8	40	1:7500	<b>W12</b>	1,9	8	40	1:7500
<b>M14</b>	2,6	8	70	1:7500	<b>W14</b>	2,6	8	70	1:7500
<b>M21A</b>	7,2	12	245	1:15000	<b>W21A</b>	5,5	10	220	1:10000
<b>OPEN N</b>	1,6	6	20	1:7500					

## SEEOC 2019, Long distance

Friday, 23rd August



**Beginning of the marked route to start**  
with indicators to "X-style" start: 1250 m,  
to "21K" start: 1200 m

### **After Finish Zone**

SI read out, water, info, results, food, rest tents etc

### **Parking**